

Cordico Trusted Wellness Solutions

24/7 Support

Confidential Support for Your People

Ease of Use

In-Hand, On-Demand, Push-of-Button

Best Quality

Most Comprehensive and Trusted Wellness Resources

Customized

Strengthens YOUR Wellness Culture

Innovative

Continuously Updated to Keep You Cutting-Edge

"I'm very impressed with what Cordico is doing to support our first responders. Take a look at what Cordico is offering for law enforcement, firefighters, EMS, and dispatchers. I think you too will be impressed."



Gordon Graham
Lexipol Founder
Risk Management Expert



The Future of
Law Enforcement
Wellness

Customized Mobile Wellness Apps for Law Enforcement

Learn more at
www.cordico.com

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WELLNESS TOOLS

Alcohol Abuse
Anger Management
Anxiety, Panic Attacks, and Worry
Behavioral Health Tools
Brain Health and Cognitive Strength
Chaplain Support
Compassion Fatigue
Critical Incidents
Depression
Emotional Health
Family Support
Financial Fitness
Grief and Loss
Healthy Habits
Injury Prevention
Major Life Events
Marriage Guidance
Mental Toughness
Mindfulness
Moral Injury
New Hire: Keys to Wellness
Nutrition
Officer Wellness
Parenting Tips
Peak Performance
Peer Support
Physical Fitness
Posttraumatic Stress
Psychological First Aid
Push Notifications (Optional)

Relationship Success
Resilience Development
Retirement: Getting Prepared
Self-Care Checklists
Sleep Optimization
Stress Management
Stress Response
Substance Abuse
Suicide Prevention
Supporting Children Who Fear for Your Safety
Teletherapy Portal (Optional)
Therapist Finder
Trauma
Wellness Self-Assessment Tools
Wellness Videos
Work-Life Balance

NEW Resource: Overview of Dr. Kevin Gilmartin's Emotional Survival for Law Enforcement



Watch the CordicoShield Demo Video

www.cordico.com/app-demo-video



Request a Live CordicoShield Webinar Demo

www.cordico.com/webinar



Learn more about CordicoShield

www.cordico.com/shield

"This is the best officer wellness solution in existence. Nothing else even comes close."



Police Chief John Carli
Vacaville Police Department
Law Enforcement Wellness Leader

Officers nationwide overwhelmingly report that stress on the job has impacted their mental health.¹

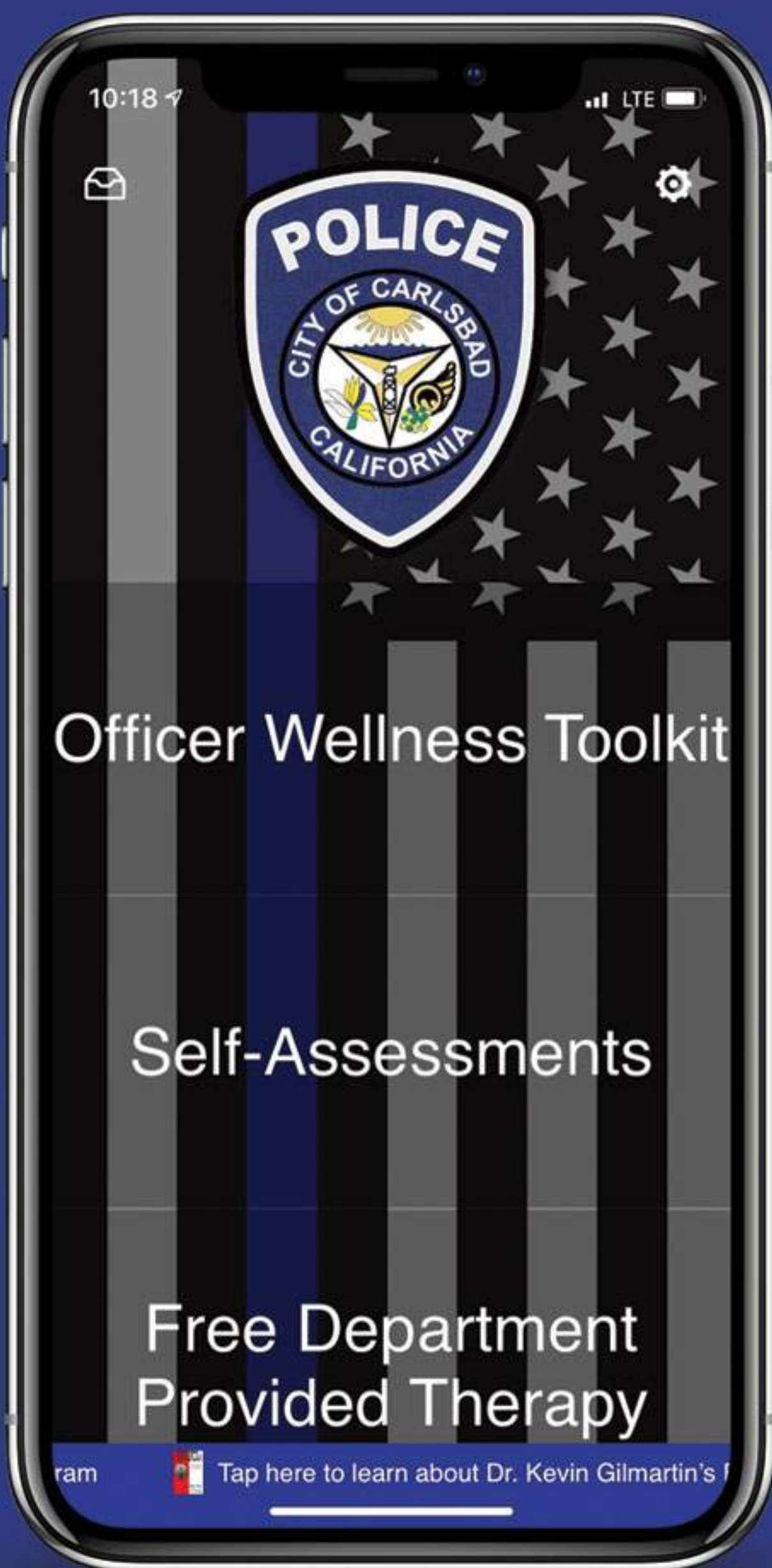
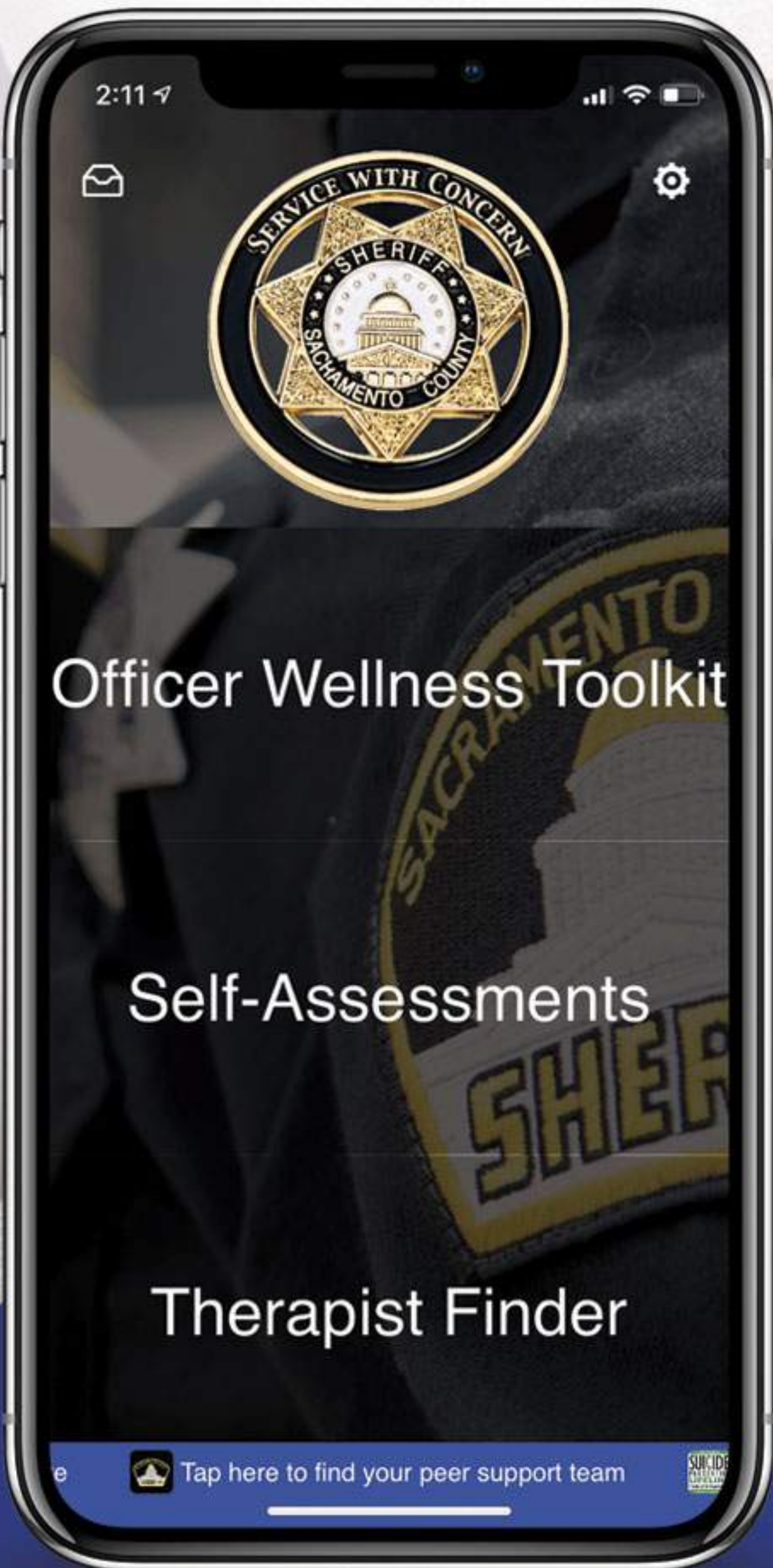
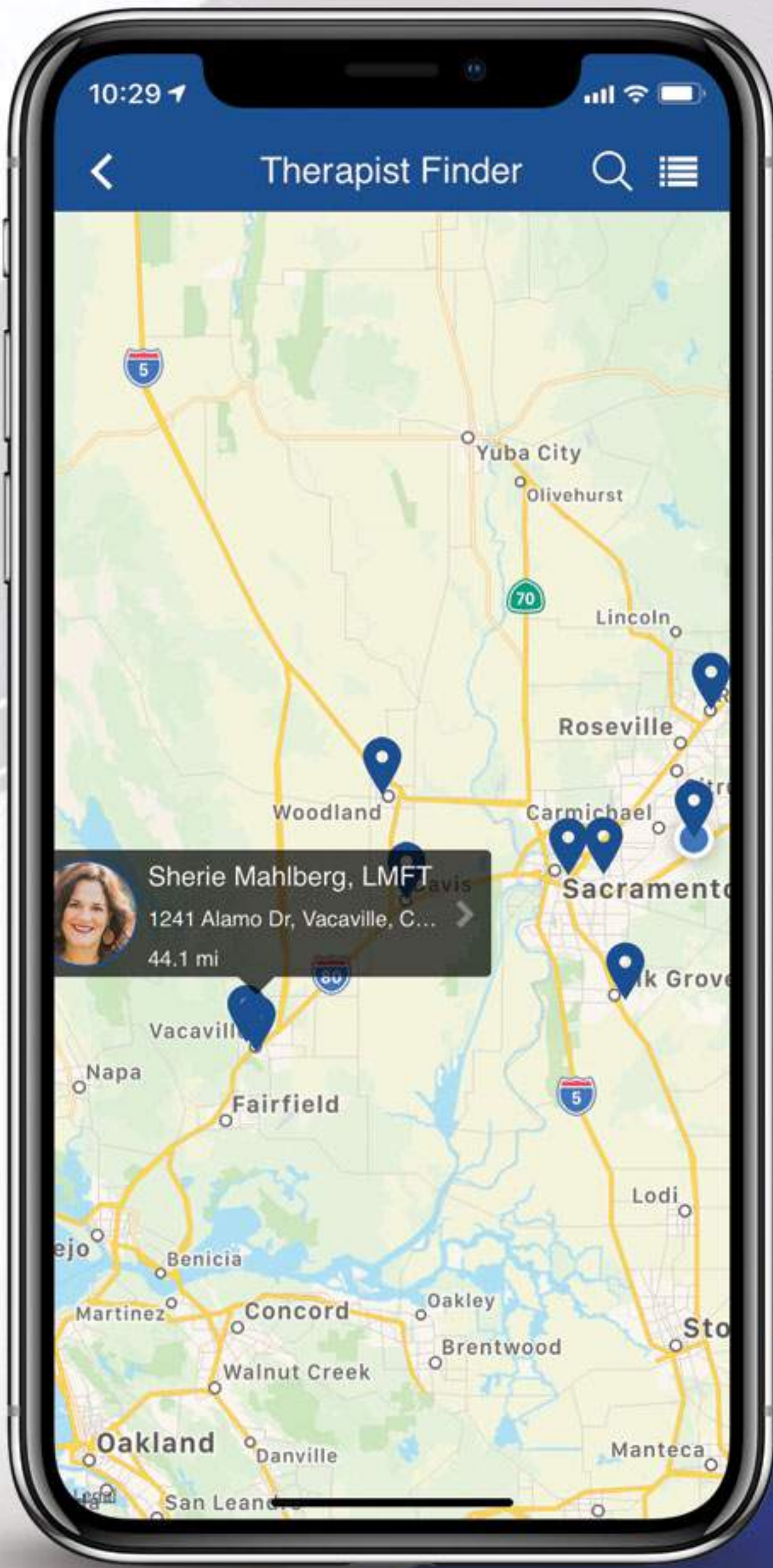
Law enforcement suicides outnumber all combined line-of-duty deaths.²

90% of law enforcement officers report there is a stigma in law enforcement that creates a barrier to getting help for emotional or behavioral issues.³

"Cordico is the leader in officer wellness. If you want the best, go with Cordico."



Police Chief Neil H. Gang
Pinole Police Department
Author of the Asher Model 7-Point Approach to Culture of Wellness



1 <https://www.nbcnewyork.com/news/local/I-Team-Nearly-1-in-5-Cops-Has-Considered-Suicide-Amid-Stigma-Around-Mental-Health-Issues-500928011.html>
2 <https://www.usatoday.com/story/news/2018/04/11/officers-firefighters-suicides-study/503735002/>
3 <https://www.nbcnewyork.com/news/local/I-Team-Nearly-1-in-5-Cops-Has-Considered-Suicide-Amid-Stigma-Around-Mental-Health-Issues-500928011.html>